



# Procedure Clinic

## One Stop Procedural Care

One Stop Medical Center (OSMC) is the first procedure clinic in the US that offers numerous cross-specialty office procedures. It is equipped with the state of the art technology in every aspect of medical care.



The mission of OSMC is to provide procedure-oriented one stop care using state of the art technology. By providing one stop service, we can offer our patients lower costs and more efficient use of their precious time, all the while maintaining the highest levels of quality.

### Procedural Services

- Hemorrhoid care: infrared coagulation, banding and hemorrhoidectomy
- Anal fissure and fistula surgery
- Vein care : endovenous laser, sclerotherapy, and mini phlebectomy
- Endoscopies: colonoscopy, gastroscopy,
- Skin cancer care and skin surgery
- No needle, No-scalpel vasectomy
- Nail fungus laser treatment and toenail removal
- LaserDry for the excessive sweating
- Lipoma and cyst removal
- Joint and tissue injections
- Breast and thyroid biopsies

### Contact Information

#### One Stop Procedure Clinic

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### Physician

Dr. Steven Shu, MD, MBA, is a board certified laser surgeon who specializes in office procedures. He provides a wide range of procedural services above and beyond typical medicine and does about 2000 office procedures every year. Dr. Shu strongly believes in the numerous benefits of office procedures, including the low cost, convenient, efficient, one stop and high quality care. He developed all new protocols and standards for the office procedures, thereby distinguishing himself as a specialized surgeon with a vast amount of experience in the office based procedures and surgeries.

After graduating in 1984 from the distinguished Shanghai Medical University, Dr. Shu completed his surgical residency and worked as a surgical attending physician until arriving in the United States in 1991. After completing a surgical internship at Flushing Hospital in New York, he followed with office procedure orientated residency training at Michigan State University from 1996 to 2000. He obtained his Physician E-MBA from the University of Tennessee at Knoxville in 2005.

Dr. Shu is a member of the following organizations.

- American Academy of Cosmetic Surgery
- American College of Phlebology
- American Society for Laser Medicine and Surgery
- International Society of Cosmetogynology
- American Medical Association
- American Academy of Family Practice
- American Association of Primary Care Endoscopists.

On top of his clinical work, Dr. Shu is an Assistant Professor of Medical School at the University of Minnesota and on the medical staff at Southdale Hospital, North Memorial Hospital, and Fairview Medical Center, teaching office procedures to resident physicians weekly.

Dr. Shu also strongly believes in community activism. He was the founder and the first president of the Minnesota Chinese Physician Association (AMCP) and is a current honorary president. In 2004, he led AMCP members and community volunteers in establishing the Minnesota Chinese Health Center (MCHC), a free clinic for needy Chinese in the Twin Cities. Dr. Shu is also publisher and president of MN Duowei Times, the largest Chinese newspaper in Minnesota.